

ENJOY YOUR
PLAYFUL AND SAFE
CHILDHOOD!

They shared their ideas and suggestions for this booklet:

Petar, Maja, Saša, Milica, Jelisaveta, Mina, Jovica, Svetlana, Dejan, Katarina,
Ana, Đorđe, Jelena, Ana, Jovana, Nikola, Darko
i Maša, Raša, Ćebe, Borka,
Marijana, Ivana, Dragana...

...Go on and do it!!!



PLAYFUL AND SAFE

Safeguarding Children - Preventing Abuse



...SO WHAT DO YOU THINK ABOUT VIOLENCE:



ON CHILD ABUSE:



HEY, DO YOU KNOW THAT:

Child abuse is when someone does things to you that are harmful, unpleasant and painful:

⚠ When they beat and mistreat you: when someone deliberately hits and hurts you, or humiliates you in different ways...

⚠ When they shout at you or threaten you: when they hurt your feelings, making you feel sad and frightened...

⚠ When they do not take proper care of you: when those who should take care of you pay no attention, when they lock you up and not let you go anywhere, so you feel abandoned, lonely and neglected...

⚠ When they touch your private parts: so you feel terribly ashamed and embarrassed...

BE AWARE OF THIS:

Abuse may happen to any child, no matter where and how they live! Unfortunately, abuse takes place in the family, at school, on the street, in children's homes, or elsewhere...



SO REMEMBER:

Abuse is never acceptable and there is no excuse for it!

Abuse IS NOT ALL RIGHT because:

- ⚠ It is damaging to your health...
- ⚠ It affects your childhood, personality, life...
- ⚠ It makes you feel anxious and withdrawn, sad, humiliated, and unprotected...
- ⚠ It makes you feel guilty for the things you are not responsible for...
- ⚠ There is a possibility that in the future you might hurt someone...

AND DO NOT FORGET:

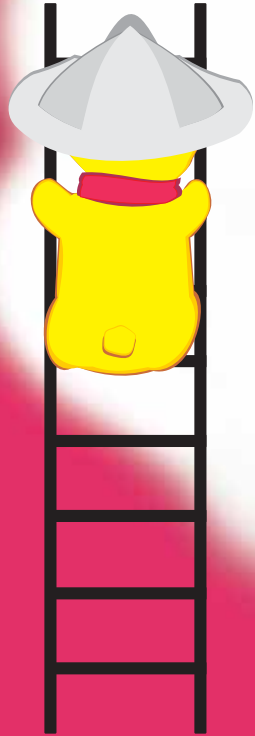
When you are abused, it is never your fault!

YOU HAVE THE RIGHT TO PROTECT YOURSELF FROM ABUSE!!!



Save the Children is an organisation that makes every effort to ensure that your childhood is playful and safe! Its staff work to prevent abuse, and help you to better protect yourself...

WHAT CAN YOU DO:



WHAT CAN BE DONE:





Abuse of children happens throughout the world and it limits and violates your rights. How many times have you heard of or seen a child who was abused and helpless, but was afraid to speak up and had no one to turn to? You can recognize the threats and protect yourself in more than one way - the people who take care of your rights will help you!

NO ONE SHOULD ABUSE YOU, NO MATTER WHERE YOU ARE!

We, at Save the Children, together with other adults from your environment who are responsible to hear what problems you are faced with and to protect you, will try to prevent it.

We help in the following ways:

WE ARE ALERT and make every effort to recognize and discover child abuse. We are willing to listen to you and try to solve your problem, in order to protect you timely from more serious problems...



WE TRY TO PREVENT abuse and violence against children: that can be done if we identify the risks and problems threatening you!

WE TAKE STEPS TO PROTECT YOU when we find out that abuse has taken place. Should it happen that someone hurts you in any way, it must stop and must not happen again!

WE REPORT ABUSE when it happens - we inform people who are responsible for your protection! Speak up, because there is a way to deal with your problem in the least painful manner.








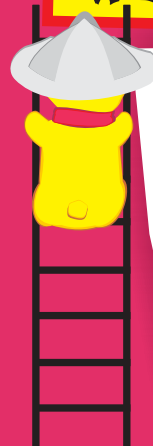
EVEN IF YOU ARE EMBARRASSED AND ASHAMED - DO SPEAK UP!

ANY FORM OF ABUSE SHOULD BE REPORTED - AND WE WILL FIND THE WAY TO HELP YOU!



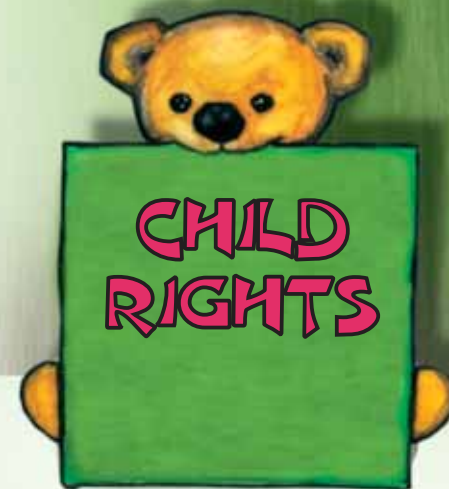
We will help you by:

-  Listening to you and trusting you, and dealing seriously with your problem...
-  Supporting and encouraging you, and helping you to recover...
-  Doing all that is best for you...
-  Respecting your wishes and views...
-  Trying to find the most appropriate way to involve your parents, caregivers and experts in finding the best solution to your problem...




HOW SHOULD ADULTS CONDUCT
IN MY PRESENCE:


YOU HAVE YOUR RIGHTS AND ADULTS
MUST PROTECT AND
RESPECT YOU!



All adults, and especially those from Save the Children, must by no means violate your rights or act in ways intended to cause you any harm. That means that adults should treat you in the following way:




 They must always respect and listen to you, and offer their support, especially when you turn to them for help

 They should always protect you and give help when you feel that someone is neglecting or abusing you in any way

 They should inform you about your rights, explain them to you, and show you how to protect yourself from abuse

 They must never hit you, or hurt you otherwise

 They must not spend too much time with you alone or take you home with them

 They must not exploit you, humiliate you, or put you at any risk



IT IS IMPORTANT FOR YOU TO KNOW:




Should you notice any unusual behaviour, which makes you feel hurt, ashamed or neglected - you should talk about it to an adult you can trust. Even when such behaviour comes from people who should provide care and protect you!

ONE MORE THING:

All people who are responsible to offer you help when you need it - when someone hurts or abuses you in any way - will respect the following rules:

 They will always be willing to prevent and stop any form of abuse...

 They will provide space where you can speak in peace and at ease, and the persons who will help you...

 It is their obligation to offer you an opportunity to tell them everything that the abuser did to you - not to judge you, but to give you support and empower you to deal with it...

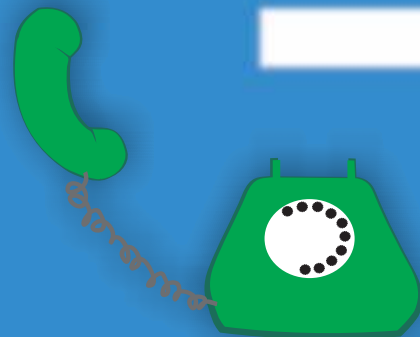
DO NOT WORRY:

Everything you say will be confidential and used only to protect you from further abuse. Adults are there to help and protect, and not to abuse or exploit you.



WHO CAN HELP YOU:

Blank lines for writing names of people who can help:



ABUSE IS TERRIBLE, BUT IT IS EVEN WORSE WHEN YOU KEEP SILENT!



EVERY CHILD SHOULD ENJOY THEIR RIGHT TO A HAPPY AND SAFE CHILDHOOD! ANY VIOLENCE AGAINST CHILDREN IS ABSOLUTELY UNACCEPTABLE AND CANNOT BE JUSTIFIED!

ABUSE IS TERRIBLE, BUT IT IS EVEN WORSE WHEN YOU KEEP SILENT!



In this way you only help abuse to go on, and what is even worse - other children may eventually become victims of abusers too!

NO ONE IS COMFORTABLE TO TALK ABOUT SUCH THINGS - HOWEVER, ABUSE CAN BE PREVENTED AND STOPPED ONLY IF YOU TELL SOMEONE YOU CAN TRUST!

ANY ABUSE SHOULD BE REPORTED - THERE IS ALWAYS A WAY TO HELP!

IT IS IMPORTANT THAT YOU KNOW THIS:

 ABUSE IS NEVER THE CHILD'S FAULT ...

 THERE IS ALWAYS SOMEONE WHO CAN HELP YOU ...

 YOU SHOULD REPORT YOUR ABUSERS, BECAUSE THEY COULD HURT OTHER CHILDREN AS WELL...

 EVERY CHILD CAN LEARN HOW TO PROTECT THEMSELVES FROM ABUSE AND VIOLENCE - AND HELP OTHER CHILDREN TO BETTER PROTECT THEMSELVES!

DO NOT LET ANYONE TAKE ADVANTAGE OF YOUR FEAR - TURN TO AN ADULT YOU CAN TRUST FOR HELP AND ADVICE

ADULTS ARE RESPONSIBLE AND HAVE OBLIGATION TO PROTECT YOU!!



The following is a list of people you can turn to for advice and help:

An adult you trust - you mum or dad, grandpa or grandma, your guardian, or someone who will listen to you and believe you: _____

Enter the name and phone number here!

Save the Children staff: _____

Enter the name and contact details here!



Psychologist or pedagogue at your school: _____

Enter his/her name here

SOS hot line: _____

Enter phone number here

Social Work Centre in your town: it is their staff's job is to take all the steps necessary to protect you from abuse or violence

Enter the address, phone number and name of the person responsible for child protection in your Social Work Centre

YOU SHOULD NOT BE AFRAID - MOST ADULTS WANT TO DO THE VERY BEST FOR YOU! YOU SHOULD ONLY BE CAUTIOUS AS THERE ARE SOME WHO COULD HURT YOU OR CAUSE YOU HARM.